

Planning Semanal

miou jagua

POLLOSAURIO

José Carlos Andrés

Dani Padron



Lunes



Martes



Miércoles



Jueves



Viernes



Sábado



Domingo

Eventos importantes

Objetivos

Agradecimientos



Planning Mensual

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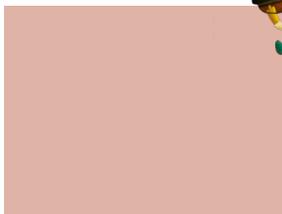
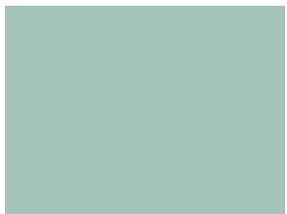
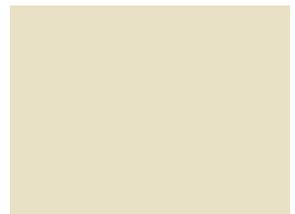
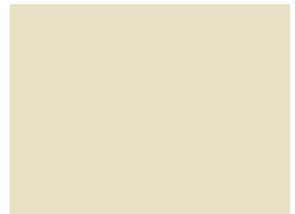
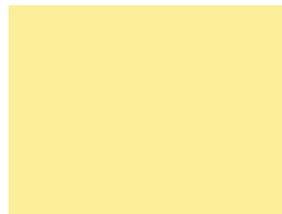
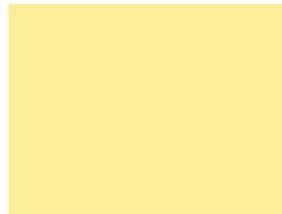
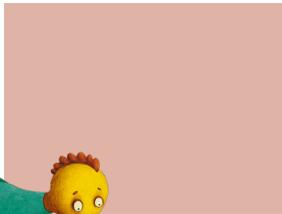
Miércoles

Jueves

Viernes

Sábado

Domingo



Importante

Planning Familiar

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Dani Padron

Dar los
¡Buenos días!



Hacer el
desayuno juntos



Hacer la cama



Ayudar con la
limpieza de la
casa



Dar las gracias



Disfrutar de una
película



Visitar a la familia



Hacer un dibujo



Comer chuches



Salir a pasear
con la mascota



Ayudar a
un amigo



Hacer pompas
de jabón



Comer helados



Hacer
cosquillas



Hacer figuras
de papel



¡Vamos a
disfrazarnos!



Construir algo
juntos



Participar en una
carrera



Regalar abrazos



Salir a dar un
paseo al parque



Bailar nuestra
canción favorita



Dar un paseo en
bicicleta



Leer un libro



Comer en un
restaurante



Disfrutar de un
juego de mesa



Pelea de cojines



Cantar



Acampar



Ir a un museo



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Urgente

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Ideas

Objetivos

Lunes

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Martes

Mirar el instagram de @edicionesjaguar

Miércoles

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Jueves

Hora de dormir con un cuento de Ediciones Jaguar

Viernes

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Sábado

Mirar las novedades
www.edicionesjaguar.com

Domingo

--

Menú Semanal

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Desayuno

Lunes

Martes

Miércoles

Jueves

Viernes

Compra

Green rectangular box for breakfast menu on Monday.

Green rectangular box for breakfast menu on Tuesday.

Green rectangular box for breakfast menu on Wednesday.

Green rectangular box for breakfast menu on Thursday.

Green rectangular box for breakfast menu on Friday.



Almuerzo

Red horizontal bars for lunch menu on Monday.

Red horizontal bars for lunch menu on Tuesday.

Red horizontal bars for lunch menu on Wednesday.

Red horizontal bars for lunch menu on Thursday.

Red horizontal bars for lunch menu on Friday.



Comida

Yellow rectangular box for dinner menu on Monday.

Yellow rectangular box for dinner menu on Tuesday.

Yellow rectangular box for dinner menu on Wednesday.

Yellow rectangular box for dinner menu on Thursday.

Yellow rectangular box for dinner menu on Friday.



Merienda

Teal horizontal bars for afternoon snack menu on Monday.

Teal horizontal bars for afternoon snack menu on Tuesday.

Teal horizontal bars for afternoon snack menu on Wednesday.

Teal horizontal bars for afternoon snack menu on Thursday.

Teal horizontal bars for afternoon snack menu on Friday.



Cena

Light brown rectangular box for dinner menu on Monday.

Light brown rectangular box for dinner menu on Tuesday.

Light brown rectangular box for dinner menu on Wednesday.

Light brown rectangular box for dinner menu on Thursday.

Light brown rectangular box for dinner menu on Friday.

Vertical list of green horizontal lines for the shopping list.